



Taylor County 4-H Record Book



4-H Record Book Grades 3-13

The 4-H Record Book is a summary of what you have done for the year. The goal of 4-H is to build life skills of the youth members. Goal setting and reflection are tools that help youth learn. Taylor County 4-H Record books are due at the Extension Office (925 Donald St. Room 103, Medford, WI, 54451) by 4:30 pm on the second Monday in September.

Being involved is a great way to get the most out of your 4-H experience. Below are some ways you can get involved this year in 4-H, make sure to keep track in your record book of what you did.

Club Opportunities

- Club Officer (President, Vice-President, Secretary, Treasurer, etc.)
- Community Service
- 4-H Projects

County-wide Opportunities

- 4-H Summer Camp
- 4-H Summer Camp Counselor (9th grade and above)
- Fair Exhibitor
- Federation Leaders Board representative
- Project Meeting (see 4-H newsletter for county-wide projects)
- Youth Leadership Organization (6th grade and above)

State-Wide Opportunities

- Art Beat
- Fall Forum
- International Exchange
- Wisconsin 4-H and Youth Conference
- Wisconsin Leadership Council
- Wisconsin State Fair

National Opportunities

- American Spirit East Trip
- Citizenship Washington Focus
- Leadership Washington Focus
- National 4-H Congress
- National 4-H Conference
- Space Camp

Visit the Taylor County 4-H Website at <http://taylor.extension.wisc.edu/>, read the Taylor County 4-H Newsletter, and/or contact the Extension office at 715-748-3327 to learn more about how to become involved in local opportunities. Look for information in the Taylor County 4-H Newsletter and visit <https://4h.extension.wisc.edu/> to learn more about state and national opportunities.



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4-H Life Skills Goal Setting

There are many life skills that you can gain through being in 4-H. Which life skill would you like to learn and practice this year? Will it be **teamwork**? **Stress Management**? **Leadership**? Check one box below that will be your life skill goal for this year.

Head:

Managing:

- Resiliency
- Keeping records
- Wise use of resources
- Programming/
Organizing
- Goal setting

Thinking:

- Service learning
- Critical thinking
- Problem solving
- Decision making

Heart:

Caring:

- Nurturing relationships
- Sharing
- Empathy
- Concern for others

Relating:

- Accepting differences
- Conflict resolution
- Social skills
- Cooperation
- Communication

Hands:

Giving:

- Community service/
volunteering
- Leadership
- Responsible citizenship
- Contributions to group
effort

Working:

- Marketable skills
- Teamwork
- Self-motivation

Health:

Living:

- Personal safety
- Disease prevention
- Stress management
- Healthy lifestyle choices

Being:

- Self esteem
- Self-responsibility
- Character
- Managing feelings
- Self-discipline

The ways I will work towards gaining this life skill by the end of the 4-H year will be:



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Grade 3-8 (seals): _____

Grade 9-13 (pins): _____

Youth are awarded seals if they are in grades 3-8 and pins in grades 9-13. Project award seals or pins are based on project work for the current year only. Members may receive project award seals or pins for any project that they have done during the year, providing they have fully completed their record book. To be awarded project seals or pins, you must complete a project summary page for each project you are applying to receive a seal or pin in. Members are eligible for seals or pins regardless if they have previously received a seal or pin for the project.

To be completed by Member:

Name: _____ Club: _____

Date Submitted: _____ Grade as of January 1, this year: _____

Place an "X" by the projects you are applying for:

- | | | |
|---|---|--|
| <input type="checkbox"/> Adventures | <input type="checkbox"/> Exploring Your Environment | <input type="checkbox"/> Pets |
| <input type="checkbox"/> Aerospace | <input type="checkbox"/> Fishing | <input type="checkbox"/> Photography |
| <input type="checkbox"/> Art | <input type="checkbox"/> Flowers | <input type="checkbox"/> Plant Crafts |
| <input type="checkbox"/> Backpacking & Hiking | <input type="checkbox"/> Folk Arts | <input type="checkbox"/> Posters |
| <input type="checkbox"/> Beef | <input type="checkbox"/> Food Preservation | <input type="checkbox"/> Poultry |
| <input type="checkbox"/> Bicycles | <input type="checkbox"/> Foods & Nutrition | <input type="checkbox"/> Rabbits |
| <input type="checkbox"/> Cake Decorating | <input type="checkbox"/> Forestry | <input type="checkbox"/> Recycling |
| <input type="checkbox"/> Cats | <input type="checkbox"/> Fruits | <input type="checkbox"/> Robotics |
| <input type="checkbox"/> Child Development | <input type="checkbox"/> Geospatial | <input type="checkbox"/> Scale Models |
| <input type="checkbox"/> Citizenship | <input type="checkbox"/> Goats | <input type="checkbox"/> Science |
| <input type="checkbox"/> Cloverbuds | <input type="checkbox"/> Health | <input type="checkbox"/> Self-Determined |
| <input type="checkbox"/> Clowning | <input type="checkbox"/> Home Environment | <input type="checkbox"/> Service Learning |
| <input type="checkbox"/> Communications | <input type="checkbox"/> Home Grounds | <input type="checkbox"/> Sheep |
| <input type="checkbox"/> Computers | <input type="checkbox"/> Horse | <input type="checkbox"/> Shooting Sports |
| <input type="checkbox"/> Conservation | <input type="checkbox"/> Horse Clothes | <input type="checkbox"/> Small Engines |
| <input type="checkbox"/> Consumer Savvy | <input type="checkbox"/> Horseless Horse | <input type="checkbox"/> Speaking |
| <input type="checkbox"/> Creative Writing | <input type="checkbox"/> House Plants | <input type="checkbox"/> Swine |
| <input type="checkbox"/> Crocheting | <input type="checkbox"/> Hunting | <input type="checkbox"/> Theatre Arts |
| <input type="checkbox"/> Crops | <input type="checkbox"/> International | <input type="checkbox"/> Tractors |
| <input type="checkbox"/> Dairy | <input type="checkbox"/> Knitting | <input type="checkbox"/> Vegetables |
| <input type="checkbox"/> Dogs | <input type="checkbox"/> Latino Cultural Arts | <input type="checkbox"/> Veterinary Science |
| <input type="checkbox"/> Drawing & Painting | <input type="checkbox"/> Leathercraft | <input type="checkbox"/> Welding |
| <input type="checkbox"/> Electricity | <input type="checkbox"/> Legos | <input type="checkbox"/> Wildlife |
| <input type="checkbox"/> Entomology (Insects) | <input type="checkbox"/> Maple Syrup | <input type="checkbox"/> Woodworking |
| <input type="checkbox"/> Entrepreneurship | <input type="checkbox"/> Metal Enameling | <input type="checkbox"/> Workforce Readiness |
| <input type="checkbox"/> Exotic Animals | <input type="checkbox"/> Music | <input type="checkbox"/> Youth Leadership |
| <input type="checkbox"/> Exploring | <input type="checkbox"/> Personal Finance | |



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Leader Comments

To be completed by Leader: To be completed by a 4-H leader of your choice (**other than a parent**). Members must request leader's comments no later than the first Monday in September. Leaders may comment before record books are turned in or come into the Extension Office after record books are turned in to comment up until the second Friday in September.

Leader's Comments:



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Telling My 4-H Story (Reflection)

Keeping in mind the knowledge and life skills you said you wanted to learn, write a story *on the next page* that explains what you gained this past year in 4-H. It must be in the format of a story, if you prefer you may type your story. Use specific examples that are unique to you whenever possible. Feel free to relate what you learned in 4-H to school, family, or other activities in your life. Use extra pages if needed. Attach photos or clippings on additional pages of this book if it helps tell your story better. Don't forget to label them with captions.

Your story should include responses to at least three of the following topics:

- What you learned through your 4-H experiences.
- What life skills you and your club practiced and how the skills have helped you improve you as a person and citizen.
- How your 4-H experiences helped you to be a better person.
- How 4-H impacted your life this year.
- What you shared and/or how you shared your 4-H experience with others.
- What you liked best about your 4-H experience.



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Telling My 4-H Story (Reflection)



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4-H Activities

Please list the 4-H activities that you were involved with this past year and what your role was, e.g. 4-H trip participant, dog project youth leader, etc. Check whether it was a club, county, state or national 4-H activity.

Activity/your role in the activity	Club	County	State	National
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
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_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____



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4-H Project Summary

*Project summary pages must be completed for **each** project in which members wish to receive a project seal or pin for. Extra project summary pages may be requested from the Extension Office.*

Project:

Year in Project:

What I hope to accomplish with this project?

Did you exhibit at a fair with this project through 4-H? ____ Yes ____ No

Did you present at a club or countywide 4-H event to share your project with other 4-H members? e.g. (club meeting, Discovery Day, teaching at a 4-H Project Meeting, etc.) ____ Yes ____ No.

If yes, list event and how you shared about your project(s):

What skills did you learn with this project?

What did you find difficult with this project?

What could you improve with this project?



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Record Book Evaluation

For Office Use Only

Name: _____ Age: _____ Year in 4-H _____

	Possible Points	Points Given
Green cover complete	5	_____
Neatness	10	_____
Following record book directions/having book in order	10	_____
Life skills/goal setting	5	_____
Leaders comments	5	_____
4-H story/reflection	25	_____
<ul style="list-style-type: none"> · Reflection in the correct format (told as a story) · Addressed at least three suggested topics · Content of reflection 		
4-H activities	20	_____
Project summaries		
<ul style="list-style-type: none"> · All questions are answered · Project financial records are complete · Extra points possible if project literature/pictures included (5) 	10 5	_____ _____
Record book reflects own work/completed by member	5	_____
	TOTAL	_____

Evaluator's comments:

Circle: **Gold** 85-100 points

Silver 60-84 points

Bronze 59 and points or less