## WHAT'S IN SEASON THIS MONTH?



	JUNE	JULY	AUGUST	SEPTEMBER	OCTOBER
Rhubarb					
Strawberries					
Peas					
New potatoes					
Green beans					
Greens					
Spinach					
Summer squash					
Raspberries					
Cucumbers					
Sweet corn					
Tomatoes					
Herbs					
Beets					
Broccoli					
Garlic and onion					
Cauliflower					
Eggplant					
Melons					
Apples					
Carrots					
Peppers					
Cabbage					
Cranberries					
Parsnip					
Potatoes					
Rutabaga					
Turnip					
Winter squash					



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Healthy Seasonal Produce: What's in Season this Month? (B4166-32)