



# Taylor County 4-H Record Book

## 4-H Record Book Grades 3-13

The 4-H Record Book is a summary of what you have done for the year. The goal of 4-H is to build life skills of the youth members. Goal setting and reflection are tools that help youth learn. Taylor County 4-H Record books are due at the Extension Office (925 Donald St. Room 103, Medford, WI, 54451) by 4:30 pm on the second Monday in September.

***Being involved is a great way to get the most out of your 4-H experience. Below are some ways you can get involved this year in 4-H, make sure to keep track in your record book of what you did.***

### Club Opportunities

- Club Officer (President, Vice-President, Secretary, Treasurer, etc.)
- Community Service
- 4-H Projects

### County-wide Opportunities

- 4-H Summer Camp
- 4-H Summer Camp Counselor (9<sup>th</sup> grade and above)
- Fair Exhibitor
- Federation Leaders Board representative
- Project Meeting (see 4-H newsletter for county-wide projects)
- Youth Leadership Organization (6<sup>th</sup> grade and above)

### State-Wide Opportunities

- Art Beat
- Fall Forum
- International Exchange
- Wisconsin 4-H and Youth Conference
- Wisconsin Leadership Council
- Wisconsin State Fair

### National Opportunities

- American Spirit East Trip
- Citizenship Washington Focus
- Leadership Washington Focus
- National 4-H Congress
- National 4-H Conference
- Space Camp

Visit the Taylor County 4-H Website at [taylor.extension.wisc.edu](http://taylor.extension.wisc.edu) to read the Taylor County 4-H Newsletter and/or contact the Extension office at 715-748-3327 to learn more about how to become involved in local opportunities. Look for information in the Taylor County 4-H Newsletter and visit the state 4-H website at [4h.extension.wisc.edu](http://4h.extension.wisc.edu) to learn more about state and national opportunities.



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## 4-H Life Skills Goal Setting

There are many life skills that you can gain through being in 4-H. Which life skill would you like to learn and practice this year? Will it be **teamwork**? **Stress Management**? **Leadership**? Check one box below that will be your life skill goal for this year.

<p><b>Head:</b></p> <p><i>Managing:</i></p> <ul style="list-style-type: none"><li><input type="checkbox"/> Resiliency</li><li><input type="checkbox"/> Keeping records</li><li><input type="checkbox"/> Wise use of resources</li><li><input type="checkbox"/> Programming/Organizing</li><li><input type="checkbox"/> Goal setting</li></ul> <p><i>Thinking:</i></p> <ul style="list-style-type: none"><li><input type="checkbox"/> Service learning</li><li><input type="checkbox"/> Critical thinking</li><li><input type="checkbox"/> Problem solving</li><li><input type="checkbox"/> Decision making</li><li><input type="checkbox"/> Learning to learn</li></ul>	<p><b>Heart:</b></p> <p><i>Caring:</i></p> <ul style="list-style-type: none"><li><input type="checkbox"/> Nurturing relationships</li><li><input type="checkbox"/> Sharing</li><li><input type="checkbox"/> Empathy</li><li><input type="checkbox"/> Concern for others</li></ul> <p><i>Relating:</i></p> <ul style="list-style-type: none"><li><input type="checkbox"/> Accepting differences</li><li><input type="checkbox"/> Conflict resolution</li><li><input type="checkbox"/> Social skills</li><li><input type="checkbox"/> Cooperation</li><li><input type="checkbox"/> Communication</li></ul>
<p><b>Hands:</b></p> <p><i>Giving:</i></p> <ul style="list-style-type: none"><li><input type="checkbox"/> Community service/ volunteering</li><li><input type="checkbox"/> Leadership</li><li><input type="checkbox"/> Responsible citizenship</li><li><input type="checkbox"/> Contributions to group effort</li></ul> <p><i>Working:</i></p> <ul style="list-style-type: none"><li><input type="checkbox"/> Marketable skills</li><li><input type="checkbox"/> Teamwork</li><li><input type="checkbox"/> Self-motivation</li></ul>	<p><b>Health:</b></p> <p><i>Living:</i></p> <ul style="list-style-type: none"><li><input type="checkbox"/> Personal safety</li><li><input type="checkbox"/> Disease prevention</li><li><input type="checkbox"/> Stress management</li><li><input type="checkbox"/> Healthy lifestyle choices</li></ul> <p><i>Being:</i></p> <ul style="list-style-type: none"><li><input type="checkbox"/> Self esteem</li><li><input type="checkbox"/> Self-responsibility</li><li><input type="checkbox"/> Character</li><li><input type="checkbox"/> Managing feelings</li><li><input type="checkbox"/> Self-discipline</li></ul>

The ways I will work towards gaining this life skill by the end of the 4-H year will be:

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# Taylor County 4-H Record Book

## Project Seals and Pins

**CHECK ONE:** Grade 3-8 (seals): \_\_\_\_\_ Grade 9-13 (pins): \_\_\_\_\_

Youth are awarded project seals if they are in grades 3-8 and project pins if they are in grades 9-13. Seals or pins are based on project work done during the current year only. In order to receive a seal or pin, a record book must be fully completed, including a project summary page for each project for which a seal or pin is requested. Members are eligible for seals or pins regardless of having previously received a seal or pin for the project in prior years.

### To be completed by member:

Name: \_\_\_\_\_ Club: \_\_\_\_\_

Date Submitted: \_\_\_\_\_ Grade as of January 1 of this year: \_\_\_\_\_

Place an "X" by the projects you are applying for:

- |                                               |                                                     |                                              |
|-----------------------------------------------|-----------------------------------------------------|----------------------------------------------|
| <input type="checkbox"/> Adventures           | <input type="checkbox"/> Exploring Your Environment | <input type="checkbox"/> Pets                |
| <input type="checkbox"/> Aerospace            | <input type="checkbox"/> Fishing                    | <input type="checkbox"/> Photography         |
| <input type="checkbox"/> Art                  | <input type="checkbox"/> Flowers                    | <input type="checkbox"/> Plant Crafts        |
| <input type="checkbox"/> Backpacking & Hiking | <input type="checkbox"/> Folk Arts                  | <input type="checkbox"/> Posters             |
| <input type="checkbox"/> Beef                 | <input type="checkbox"/> Food Preservation          | <input type="checkbox"/> Poultry             |
| <input type="checkbox"/> Bicycles             | <input type="checkbox"/> Foods & Nutrition          | <input type="checkbox"/> Rabbits             |
| <input type="checkbox"/> Cake Decorating      | <input type="checkbox"/> Forestry                   | <input type="checkbox"/> Recycling           |
| <input type="checkbox"/> Cats                 | <input type="checkbox"/> Fruits                     | <input type="checkbox"/> Robotics            |
| <input type="checkbox"/> Child Development    | <input type="checkbox"/> Geospatial                 | <input type="checkbox"/> Scale Models        |
| <input type="checkbox"/> Citizenship          | <input type="checkbox"/> Goats                      | <input type="checkbox"/> Science             |
| <input type="checkbox"/> Cloverbuds           | <input type="checkbox"/> Health                     | <input type="checkbox"/> Self-Determined     |
| <input type="checkbox"/> Clowning             | <input type="checkbox"/> Home Environment           | <input type="checkbox"/> Service Learning    |
| <input type="checkbox"/> Communications       | <input type="checkbox"/> Home Grounds               | <input type="checkbox"/> Sheep               |
| <input type="checkbox"/> Computers            | <input type="checkbox"/> Horse                      | <input type="checkbox"/> Shooting Sports     |
| <input type="checkbox"/> Conservation         | <input type="checkbox"/> Horse Clothes              | <input type="checkbox"/> Small Engines       |
| <input type="checkbox"/> Consumer Savvy       | <input type="checkbox"/> Horseless Horse            | <input type="checkbox"/> Speaking            |
| <input type="checkbox"/> Creative Writing     | <input type="checkbox"/> House Plants               | <input type="checkbox"/> Swine               |
| <input type="checkbox"/> Crocheting           | <input type="checkbox"/> Hunting                    | <input type="checkbox"/> Theatre Arts        |
| <input type="checkbox"/> Crops                | <input type="checkbox"/> International              | <input type="checkbox"/> Tractors            |
| <input type="checkbox"/> Dairy                | <input type="checkbox"/> Knitting                   | <input type="checkbox"/> Vegetables          |
| <input type="checkbox"/> Dogs                 | <input type="checkbox"/> Latino Cultural Arts       | <input type="checkbox"/> Veterinary Science  |
| <input type="checkbox"/> Drawing & Painting   | <input type="checkbox"/> Leathercraft               | <input type="checkbox"/> Welding             |
| <input type="checkbox"/> Electricity          | <input type="checkbox"/> Legos                      | <input type="checkbox"/> Wildlife            |
| <input type="checkbox"/> Entomology (Insects) | <input type="checkbox"/> Maple Syrup                | <input type="checkbox"/> Woodworking         |
| <input type="checkbox"/> Entrepreneurship     | <input type="checkbox"/> Metal Enameling            | <input type="checkbox"/> Workforce Readiness |
| <input type="checkbox"/> Exotic Animals       | <input type="checkbox"/> Music                      | <input type="checkbox"/> Youth Leadership    |
| <input type="checkbox"/> Exploring            | <input type="checkbox"/> Personal Finance           |                                              |



# Taylor County 4-H Record Book

## Leader Comments

**To be completed by Leader:** To be completed by a 4-H leader of your choice (**other than a parent**). Members must request leader's comments no later than the first Monday in September. Leaders may comment before record books are turned in or come into the Extension Office after record books are turned in to comment up until the second Friday in September.

**Leader's Comments:**

## Telling My 4-H Story (Reflection)

Keeping in mind the knowledge and life skills you said you wanted to learn, write a story *on the next page* that explains what you gained this past year in 4-H. It must be in the format of a story. If you prefer, you may type your story. Use specific examples that are unique to you whenever possible. Feel free to relate what you learned in 4-H to school, family, or other activities in your life. Use extra pages if needed. Attach photos or clippings on additional pages of this book if it helps tell your story better. Don't forget to label them with captions.

*Your story should include responses to at least three of the following topics:*

- What you learned through your 4-H experiences.
- What life skills you and your club practiced and how the skills have helped you improve you as a person and citizen.
- How your 4-H experiences helped you to be a better person.
- How 4-H impacted your life this year.
- What you shared and/or how you shared your 4-H experience with others.
- What you liked best about your 4-H experience.



Taylor County 4-H Record Book

**Telling My 4-H Story (Reflection)**

*Write your story here:*



# Taylor County 4-H Record Book

## 4-H Activities

Please list the 4-H activities that you were involved with this past year and what your role was, e.g. 4-H trip participant, dog project youth leader, etc.

Check whether it was a club, county, state or national 4-H activity.

ACTIVITY AND YOUR ROLE IN THE ACTIVITY	CLUB	COUNTY	STATE	NAT'L



# Taylor County 4-H Record Book

## 4-H Project Summary

*A project summary must be completed for **each** project for which a member wishes to receive a project seal or pin.*

*~ Extra project summary pages may be obtained at the Extension Office.*

Project: \_\_\_\_\_ Year (1<sup>st</sup>, 2<sup>nd</sup>.etc.) in Project: \_\_\_\_\_

What did you hope to accomplish with this project?

Did you exhibit at a fair with this project through 4-H? Yes  No

Did you present at a club or countywide 4-H event to share your project with other 4-H members?  
e.g. (club meeting, Discovery Day, teaching at a 4-H Project Meeting, etc.) Yes  No

*If yes, list event(s) and how you shared about your project(s):*

What skills did you learn with this project?

What did you find difficult with this project?

What could you improve about this project?



# Taylor County 4-H Record Book

## 4-H Project Summary

### EXPENSES

WHAT YOU PURCHASED	\$\$\$ SPENT
<b>TOTAL</b>	

### INCOME

DESCRIPTION OF INCOME (PREMIUMS, SALES, AWARDS, ETC.)	\$\$\$ EARNED
<b>TOTAL</b>	

APPROXIMATE TIME SPENT WORKING ON PROJECT: \_\_\_\_\_ Hours





# Taylor County 4-H Record Book

## **RECORD BOOK EVALUATION**

*For Office Use Only*

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Year in 4-H \_\_\_\_\_

	Possible Points	Points Given
Green cover complete	5	_____
Neatness	10	_____
Following record book directions/having book in order	10	_____
Life skills/goal setting	5	_____
Leaders comments	5	_____
4-H story/reflection	25	_____
• Reflection in the correct format (told as a story)		
• Addressed at least three suggested topics		
• Content of reflection		
4-H activities	20	_____
Project summaries		
• All questions are answered	10	_____
• Project financial records are complete	5	_____
• <b>Extra points</b> possible if project literature/pictures included (5)		_____
Record book reflects own work/completed by member	5	_____
	<b>TOTAL</b>	_____
	(100 possible points + 5 bonus)	

**Evaluator's comments:**

*Circle rating:*    **Gold** 85-100 points    **Silver** 60-84 points    **Bronze** 59 and points or less