



Taylor County 4-H Record Book

4-H Record Book Grades 3-13

The 4-H Record Book is a summary of what you have done for the year. The goal of 4-H is to build life skills of the youth members. Goal setting and reflection are tools that help youth learn. Taylor County 4-H Record books are due at the Extension Office (925 Donald St. Room 103, Medford, WI, 54451) by 4:30 pm on the second Monday in September.

Being involved is a great way to get the most out of your 4-H experience. Below are some ways you can get involved this year in 4-H, make sure to keep track in your record book of what you did.

Club Opportunities

- Club Officer (President, Vice-President, Secretary, Treasurer, etc.)
- Community Service
- 4-H Projects

County-wide Opportunities

- 4-H Summer Camp
- 4-H Summer Camp Counselor (9th grade and above)
- Fair Exhibitor
- Federation Leaders Board representative
- Project Meeting (see 4-H newsletter for county-wide projects)
- Youth Leadership Organization (6th grade and above)

State-Wide Opportunities

- Art Beat
- Fall Forum
- International Exchange
- Wisconsin 4-H and Youth Conference
- Wisconsin Leadership Council
- Wisconsin State Fair

National Opportunities

- American Spirit East Trip
- Citizenship Washington Focus
- Leadership Washington Focus
- National 4-H Congress
- National 4-H Conference
- Space Camp

Visit the Taylor County 4-H Website at taylor.extension.wisc.edu to read the Taylor County 4-H Newsletter and/or contact the Extension office at 715-748-3327 to learn more about how to become involved in local opportunities. Look for information in the Taylor County 4-H Newsletter and visit the state 4-H website at 4h.extension.wisc.edu to learn more about state and national opportunities.



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4-H Life Skills Goal Setting

There are many life skills that you can gain through being in 4-H. Which life skill would you like to learn and practice this year? Will it be **teamwork**? **Stress Management**? **Leadership**?

Check one box below that will be your life skill goal for this year.

<p>Head:</p> <p><i>Managing:</i></p> <ul style="list-style-type: none"> <input type="checkbox"/> Resiliency <input type="checkbox"/> Keeping records <input type="checkbox"/> Wise use of resources <input type="checkbox"/> Programming/Organizing <input type="checkbox"/> Goal setting <p><i>Thinking:</i></p> <ul style="list-style-type: none"> <input type="checkbox"/> Service learning <input type="checkbox"/> Critical thinking <input type="checkbox"/> Problem solving <input type="checkbox"/> Decision making <input type="checkbox"/> Learning to learn 	<p>Heart:</p> <p><i>Caring:</i></p> <ul style="list-style-type: none"> <input type="checkbox"/> Nurturing relationships <input type="checkbox"/> Sharing <input type="checkbox"/> Empathy <input type="checkbox"/> Concern for others <p><i>Relating:</i></p> <ul style="list-style-type: none"> <input type="checkbox"/> Accepting differences <input type="checkbox"/> Conflict resolution <input type="checkbox"/> Social skills <input type="checkbox"/> Cooperation <input type="checkbox"/> Communication
<p>Hands:</p> <p><i>Giving:</i></p> <ul style="list-style-type: none"> <input type="checkbox"/> Community service/ volunteering <input type="checkbox"/> Leadership <input type="checkbox"/> Responsible citizenship <input type="checkbox"/> Contributions to group effort <p><i>Working:</i></p> <ul style="list-style-type: none"> <input type="checkbox"/> Marketable skills <input type="checkbox"/> Teamwork <input type="checkbox"/> Self-motivation 	<p>Health:</p> <p><i>Living:</i></p> <ul style="list-style-type: none"> <input type="checkbox"/> Personal safety <input type="checkbox"/> Disease prevention <input type="checkbox"/> Stress management <input type="checkbox"/> Healthy lifestyle choices <p><i>Being:</i></p> <ul style="list-style-type: none"> <input type="checkbox"/> Self esteem <input type="checkbox"/> Self-responsibility <input type="checkbox"/> Character <input type="checkbox"/> Managing feelings <input type="checkbox"/> Self-discipline

The ways I will work towards gaining this life skill by the end of the 4-H year will be:



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Project Seals and Pins

CHECK ONE: Grade 3-8 (seals): _____ Grade 9-13 (pins): _____

Youth are awarded project seals if they are in grades 3-8 and project pins if they are in grades 9-13. Seals or pins are based on project work done during the current year only. In order to receive a seal or pin, a record book must be fully completed, including a project summary page for each project for which a seal or pin is requested. Members are eligible for seals or pins regardless of having previously received a seal or pin for the project in prior years.

To be completed by member:

Name: _____ Club: _____

Date Submitted: _____ Grade as of January 1 of this year: _____

Place an "X" by the projects you are applying for:

- | | | |
|--------------------------|--------------------------------|-------------------------|
| ___ Adventures | ___ Exploring Your Environment | ___ Pets |
| ___ Aerospace | ___ Fishing | ___ Photography |
| ___ Art | ___ Flowers | ___ Plant Crafts |
| ___ Backpacking & Hiking | ___ Folk Arts | ___ Posters |
| ___ Beef | ___ Food Preservation | ___ Poultry |
| ___ Bicycles | ___ Foods & Nutrition | ___ Rabbits |
| ___ Cake Decorating | ___ Forestry | ___ Recycling |
| ___ Cats | ___ Fruits | ___ Robotics |
| ___ Child Development | ___ Geospatial | ___ Scale Models |
| ___ Citizenship | ___ Goats | ___ Science |
| ___ Cloverbuds | ___ Health | ___ Self-Determined |
| ___ Clowning | ___ Home Environment | ___ Service Learning |
| ___ Communications | ___ Home Grounds | ___ Sheep |
| ___ Computers | ___ Horse | ___ Shooting Sports |
| ___ Conservation | ___ Horse Clothes | ___ Small Engines |
| ___ Consumer Savvy | ___ Horseless Horse | ___ Speaking |
| ___ Creative Writing | ___ House Plants | ___ Swine |
| ___ Crocheting | ___ Hunting | ___ Theatre Arts |
| ___ Crops | ___ International | ___ Tractors |
| ___ Dairy | ___ Knitting | ___ Vegetables |
| ___ Dogs | ___ Latino Cultural Arts | ___ Veterinary Science |
| ___ Drawing & Painting | ___ Leathercraft | ___ Welding |
| ___ Electricity | ___ Legos | ___ Wildlife |
| ___ Entomology (Insects) | ___ Maple Syrup | ___ Woodworking |
| ___ Entrepreneurship | ___ Metal Enameling | ___ Workforce Readiness |
| ___ Exotic Animals | ___ Music | ___ Youth Leadership |
| ___ Exploring | ___ Personal Finance | |



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Leader Comments

To be completed by Leader: To be completed by a 4-H leader of your choice (**other than a parent**). Members must request leader's comments no later than the first Monday in September. Leaders may comment before record books are turned in or come into the Extension Office after record books are turned in to comment up until the second Friday in September.

Leader's Comments:

Telling My 4-H Story (Reflection)

Keeping in mind the knowledge and life skills you said you wanted to learn, write a story ***on the next page*** that explains what you gained this past year in 4-H. It must be in the format of a story. If you prefer, you may type your story. Use specific examples that are unique to you whenever possible. Feel free to relate what you learned in 4-H to school, family, or other activities in your life. Use extra pages if needed. Attach photos or clippings on additional pages of this book if it helps tell your story better. Don't forget to label them with captions.

Your story should include responses to at least three of the following topics:

- What you learned through your 4-H experiences.
- What life skills you and your club practiced and how the skills have helped you improve you as a person and citizen.
- How your 4-H experiences helped you to be a better person.
- How 4-H impacted your life this year.
- What you shared and/or how you shared your 4-H experience with others.
- What you liked best about your 4-H experience.



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Telling My 4-H Story (Reflection)

Write your story here:



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4-H Activities

Please list the 4-H activities that you were involved with this past year and what your role was, e.g. 4-H trip participant, dog project youth leader, etc.

Check whether it was a club, county, state or national 4-H activity.

ACTIVITY AND YOUR ROLE IN THE ACTIVITY	CLUB	COUNTY	STATE	NAT'L



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4-H Project Summary

*A project summary must be completed for **each** project for which a member wishes to receive a project seal or pin.*

~ Extra project summary pages may be obtained at the Extension Office.

Project: _____ Year (1st, 2nd.etc.) in Project: _____

What did you hope to accomplish with this project?

Did you exhibit at a fair with this project through 4-H? Yes ☐ No ☐

Did you present at a club or countywide 4-H event to share your project with other 4-H members?
e.g. (club meeting, Discovery Day, teaching at a 4-H Project Meeting, etc.) Yes ☐ No ☐

If yes, list event(s) and how you shared about your project(s):

What skills did you learn with this project?

What did you find difficult with this project?

What could you improve about this project?



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4-H Project Summary

EXPENSES

WHAT YOU PURCHASED	\$\$\$ SPENT
TOTAL	

INCOME

DESCRIPTION OF INCOME (PREMIUMS, SALES, AWARDS, ETC.)	\$\$\$ EARNED
TOTAL	

APPROXIMATE TIME SPENT WORKING ON PROJECT: _____ Hours



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RECORD BOOK EVALUATION

For Office Use Only

Name: _____ Age: _____ Year in 4-H _____

	Possible Points	Points Given
Green cover complete	5	_____
Neatness	10	_____
Following record book directions/having book in order	10	_____
Life skills/goal setting	5	_____
Leaders comments	5	_____
4-H story/reflection	25	_____
<ul style="list-style-type: none">• Reflection in the correct format (told as a story)• Addressed at least three suggested topics• Content of reflection		
4-H activities	20	_____
Project summaries		
<ul style="list-style-type: none">• All questions are answered• Project financial records are complete• Extra points possible if project literature/pictures included (5)		
Record book reflects own work/completed by member	5	_____
	TOTAL	_____
	(100 possible points + 5 bonus)	

Evaluator's comments:

Circle rating: **Gold** 85-100 points **Silver** 60-84 points **Bronze** 59 and points or less